

TRAINING COURSE

“PROTECTION OF MINORITIES – BRIDGING THEORY AND PRACTICE IN YOUTH WORK”



ASHA CENTRE, UNITED KINGDOM

6 – 13 DECEMBER 2011

PRACTICAL INFORMATION



Education and Culture

DESCRIPTION:

Aim of the training course:

The main theme of this project is protection of minorities - reviewing the existing international standards and their implementation into youth work practice. The training seeks to empower youth workers in the basic existing framework of legal protection of minorities in within intergovernmental organisations, such as the Council of Europe, Organisation for Security and Cooperation in Europe and the United Nations as well as knowledge over local realities of minorities in different European states. The project will focus on methods of combating discrimination, racism and xenophobia through non-formal education, in addition to expanding participants' knowledge of the existing national and international legal human rights protection framework.

Arrival: 6th of December 2011

Departure: 13th of December 2011

THE VENUE:

ASHA Centre

Flaxley, Gloucestershire

www.ashacentre.org

TRAVELLING TO THE UNITED KINGDOM:

ASHA Centre is located in Gloucestershire, near Gloucester. The nearest airports are (listed by distance/convenience of travel to Gloucester):

- Bristol Airport (low-cost airlines only. Approx 2h20 to Gloucester)
- Gatwick Airport (approx 5h to Gloucester by coach)
- Luton Airport (approx 5 hrs by coach to Gloucester by coach)

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- Heathrow Airport (approx 3- 4 hrs to Gloucester by coach)
 - Stansted Airport (approx 5h to Gloucester by coach)
 - Birmingham Airport (approx 2h to Gloucester by coach)

Travelling by coach from all London Airports (apart from Heathrow) involves a change at London Victoria.

Please check for the cheapest travel option from your city and contact ASHA Project Team (asha.part3@gmail.com) for route and price approval.

TRANSPORT TO ASHA CENTRE AND FROM THE CENTRE:

Please be advised that buses offer cheapest services for local transport within the UK. We advise you to travel to Gloucester using only this mean of transport. National Express provides services to both places from all major London airports



- We recommend you to travel by bus from the airport to Gloucester by National Express coaches. Please, check www.nationalexpress.com (coach schedules and prices). You can buy the tickets beforehand in the internet, but, please, bear in mind that the tickets have fixed time, that's why it might be better to buy the tickets on the spot at the airport.
- You need to take a bus to **Gloucester**. The bus stops at Gloucester Coach Station, which is situated in the centre of the city.
- If you wish to be reimbursed **DURING** the training course you should also buy **RETURN** tickets from the airports to Gloucester). Those of you who are planning to stay in London longer should also buy **RETURN** tickets from the airports to Gloucester.

We recommend buying tickets directly from the website of National Express, as they tend to sell tickets at lower prices. For e.g. it is possible to get a ticket from London to Gloucester (one way) for only £ 5.

Those of you who are planning to enjoy beautiful London before or after the training course, can get to the center from Luton and Stansted airports by **EasyBus**

easyBus.co.uk (<http://info.easybus.co.uk>)

(the cheapest option, but the tickets should be booked in the internet).

TRAVEL COSTS:

The organisers will reimburse **70% of your travel costs from your home city to Gloucester, United Kingdom.**

Reimbursement of travel costs will only be done upon full attendance in the TC programme and presentation the original tickets with boarding passes and receipt/invoices.

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

! Note: Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site for the month of ticket purchase <http://ec.europa.eu/budget/inforeuro/index.cfm?Language=en>

!! Note: Please see the Annex 1 for the travel budget limits at the end of this document. If your travel costs exceed the amount budgeted in the project, we will be able to reimburse you 70% of the travel costs indicated in the travel budget.

!!! Note: Please make the copies of your tickets and invoices before you will come to the training.

!!!! Note: Please make sure you have **return tickets for all stages of your travel** (return plane tickets, return bus tickets, etc.). **Reimbursement** will be given **only on the basis of an existing ticket**. No advance reimbursement for future tickets will be given.

HEALTH INSURANCE:

Health insurance will not be provided or reimbursed by the organisers. All participants are required to purchase health insurance individually.

ACCOMMODATION:

You will be sharing room(s) with another person(s) of the same sex. All rooms have either baths or showers, and a TV. Towels and bed linen will be provided.

! Note: Please note that organizers will not provide any additional accommodation for your stay in the United Kingdom outside the TC dates. Those of you willing to arrive few days earlier or depart few days later should inform us and we will assist you in booking a hotel or hostel in the UK.

PREPARATION:

Please be prepared to present your organisation during the training course.

Furthermore, bring some information materials about your organisation, photos and report from former projects and other things which will help you to present your organisation.

And do not forget to bring some national drinks and snacks for the intercultural evening :)

ABOUT THE UNITED KINGDOM:

If you want to know more about our country here are some web pages:

www.visitbritain.com

www.lonelyplanet.com/england

And for Gloucestershire

<http://www.visit-gloucestershire.co.uk/>

CONTACT:

If you need help, have questions or need further information please contact:

ASHA Project Team @ asha.part3@gmail.com

ANNEX 1: TRAVEL BUDGET LIMITS

Participants' travel costs		
Promoter	Number of persons	Total costs (100%)
HELP	3	800
Association 'Focus – European Centre for Development'	3	800
Citizens in Action	3	800
In Actio	3	800
SIW Internationale Vrijwilligersprojecten	3	700
Centro Solidareta Terzo Settore	3	800
European Intercultural Forum	3	700